

Coil Change Guidance Letter

If you are using your coil for contraception then please refrain from sexual intercourse for 7 days before the coil change (to prevent the risk of pregnancy).

If your current coil has run out then please also request a nurse appointment as soon as possible to discuss your contraceptive cover.

If you have had a new sexual partner in the last 12 months then you will also need an infection screen for chlamydia. Please make a nurse appointment to arrange this.

If you have any issues in relation to your contraception then please speak to the practice nurse about this.